

Winter Salad Menu
December - January - February

Monday

Buffalo Chicken Salad

Romaine Lettuce
Buffalo Chicken Bites, Cheddar Cheese Cubes
Diced Celery, Grape Tomatoes
Tostitos Scoops

Tuesday

Cobb Salad

Romaine Lettuce
Diced Chicken, Bacon Bits, Sliced Hard Boiled Egg
Shredded Cheddar Cheese, Baby Carrots
Soft Baked Pretzel

Wednesday

Asian Chicken Salad

Romaine Lettuce
Chicken Strips, Baby Carrots, Shredded Cheddar Cheese,
Mandarin Oranges, Crunchy Chow Mein Noodles
Cheddar Chex Mix

Thursday

Taco Salad

Shredded Lettuce, Taco Meat
Shredded Cheddar Cheese, Grape Tomatoes
Tortilla Chips
Salsa Cup

Friday

Winter Apple Salad

Romaine Lettuce
Diced Turkey or Ham, Diced Apple
Shredded Mozzarella
Diced Celery, Craisins
Blueberry Muffin

**A Serving of fruit, veggies and grain may be taken
from the serving line with a salad**



This institution is an equal opportunity provider