# Fall Salad Menu September - October - November

## <u>Monday</u> Seasoned Chicken Strips Salad

Romaine Salad Seasoned Chicken Strips (gluten free), Sliced Hard Boiled Egg Grape Tomatoes, Baby Carrots, Cheddar Cheese Cubes Soft Pretzel

## <u>Tuesday</u>

#### BBQ Chicken Salad

Romaine Salad, Chicken Tenders,
Shredded Cheddar Cheese, Roasted Corn, Fried Onion
Tostitos Scoops
BBQ Ranch Dressing

## <u>Wednesday</u> Chicken Caesar Salad

Romaine Salad, Popcorn Chicken,
Grape Tomatoes and Sliced Cucumber,
Topped with Grated Parmesan Cheese and Croutons
Garlic Toast
Caesar Dressing Available

# Thursday Taco Salad

Shredded Lettuce, Seasoned Taco Meat, Shredded Cheddar Cheese, Grape Tomatoes, Corn Tortilla Chips Salsa Cup

### <u>Friday</u> Chef Salad

Romaine Salad, Diced Ham or Turkey,
Sliced Hard Boiled Egg, Baby Carrots, Sliced Cucumber
and Shredded Cheddar Cheese
Chocolate Muffin

A serving of fruit, veggies and grain may be taken from the serving line with a salad



This institution is an equal opportunity provider