

St. Francis of Assisi School Nutrition Program



Welcome to the 2025-2026 school year. Here's what's going on in the School Nutrition Program this year:

LUNCH TIMES:

11:05am-11:30am Grades 3 - 5
11:35am-12:00pm Grades Preschool & Kindergarten
12:05pm -12:30pm Grades 1 & 2
12:50pm-1:20pm Grades 6-8

Our lunch prices for the 2025-2026 school year:

Student lunch \$3.25

Additional items:

Milk \$0.55

8oz water \$0.50

A la carte (grades 5-8) \$1.00

Extra Entree (grades 3-8) \$1.95

16.9oz water (grades 6-8) \$0.75

Adult lunch \$5.00

Field Trip Sack lunch \$5.00

EATING LUNCH WITH YOUR CHILD:

We are always happy to see a family member come eat with a student on a special occasion. Visitors typically either purchase our hot lunch or salad. Students love to see adults enjoying our school lunch and it encourages them to eat their meal and try new foods. ***Our school wellness policy states that prepared foods purchased from outside providers (ie: restaurants, fast food, bakeries) are not to be brought to the school for visitors or St. Francis students.*** Parents are welcome to join your child for lunch on a birthday or Superstar (1st grade)/All About Me Day (K). Please contact the **School Office NO LATER THAN 8:45 a.m.** so we can include you in the lunch count.

SCHOOL LUNCH PAYMENTS:

Lunch charges will be billed at the end of the month in Blackbaud. Payment is due on your selected due date (the 1st or 15th of the month).

JMC:

St. Francis uses JMC to track lunch charges. Families can view their balance and lunch charges in the JMC app.

FREE AND REDUCED LUNCH: The Parent Letter, Application and Instructions for Free and Reduced Meals are posted on the School Nutrition page of the website. Return completed forms to the school office.

MENUS: School lunch menus are posted on the St. Francis school website. Our menu meets USDA school lunch guidelines. We are a full-service preparation kitchen. The lunch menu will be available on-line monthly. Students in grades K-5 have the option of a hot entrée or sandwich. Middle School students have the option of a hot entrée, sandwich or salad.

STAFF: Our school kitchen staff takes pride in serving the students meals prepared with attention to details and following proper food handling procedures. Most of our staff have students who have attended or are currently attending St. Francis and/or Dowling Catholic High School. We enjoy being part of the St. Francis community and serving your children.

SPECIAL DIETS/FOOD ALLERGIES: If your child has any food restrictions or food allergies, we need to know. Our school menu is peanut free but the cafeteria is not a peanut free environment. For severe, life-threatening food allergies we

provide a designated "Safe Table" in the school cafeteria for students. All parents of students with allergies please fill out a Food Allergies Safe Table Form. We also provide gluten free sandwiches and gluten free salads for students with a Diet Modification Form, signed by a doctor, on file. All forms are located on the School Nutrition page of the school website.

MILK: We offer a choice of 1%, skim or chocolate skim milk for lunch. Milk is included in the meal cost. Students with cold lunch wishing to purchase milk may do so by charging their lunch account.

WATER: Bottles of water are available for purchase with lunch. Water is not included in the meal cost. An 8oz bottle of water is \$0.50 and a 16.9oz bottle of water (middle school only) is \$0.75

Middle School A LA CARTE ITEMS/: These items are available to Middle School students and have been chosen to meet nutritional guidelines consistent with our School Wellness Policy and the SMART SNACK guidelines. All food items are \$1.00. Students will not be allowed to purchase a la carte items if their lunch account has a past due balance.

5th grade A LA CARTE ITEMS: There are a limited number of a la carte items available for 5th grade students to purchase. These items are generally yogurt, string cheese, chex-mix, cereal bars, scooby snacks and goldfish. All items are \$1.00. Students will not be allowed to purchase a la carte items if their lunch account has a past due balance.

DAILY SANDWICH OPTION: We provide the option of a sandwich in place of the main item on the lunch menu (the main item is the item in **bold** print each day). If your child prefers to have a sandwich for lunch he/she will be able to request it in the morning with the classroom lunch count. The sandwich will be listed on the menu and will be rotated weekly.

FIELD TRIP LUNCHES: Sack lunches are available for school field trips. Information on sack lunches is emailed to families prior to a field trip. A sack lunch can be ordered by replying to the email.

VOLUNTEERS: Volunteer opportunities are available in the lunchroom from 11:00am - 12:30pm and on our serving line from 11:00am - 12:55pm. If interested, please fill out the volunteer form on the school website or email riedl@saintfrancisschool.org.

Contact Cheryl Riedl at riedl@saintfrancisschool.org or 457-7167 Ext. 315 if you have any questions about our school lunch program. We look forward to serving your family.