

Local Wellness Policy Progress Report

School Name: St. Francis of Assisi

Wellness Contact Name/E-mail: Jeff Lynch / jlynch@saintfrancisschool.org

This tool is to document progress in meeting the goals written in the district’s wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the “Contact Person” column identify the individual who can report on the goals’ progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals.

District Wellness Policy Goals	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Nutrition Education and Promotion Goals - A					
1. Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.	x			Nutrition education is part of the science curriculum in each grade level.	Teachers continue to evaluate and update curriculum as needed.
2. Schools should keep record of information about the nutritional content of meals so that it can be made available to parents, students, and staff.	x			All nutritional information on foods sold at school is available through the school nutrition department.	Ongoing
3. Promote new menu items	x			Students vote on any new entree items. Items are added to the menu rotation if approval is above 65%	Ongoing
Physical Activity Goals - B					
1. Elementary and middle school students should be provided recess periods during the school day as allowed per curriculum schedule, and preferably be offered outdoors, if able.	x			Daily recess part of school schedule	Ongoing
2. Trac-a-thon	x			Annual event to promote physical activity. All students participate.	Ongoing

District Wellness Policy Goals <i>(add more lines for goals as needed)</i>	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Other School Based Activity Goals - C					
1. Encourage students to drink water throughout the day	x			All water fountains converted to water bottle filling stations. Students are encouraged to use a water bottle. Cups available in the cafeteria to use for water.	Ongoing
Nutrition Guidelines for All Foods and Beverages Sold to Students During the School Day - D					
1. The St. Francis School Lunch Program will only provide a la carte/snack items sold outside of the reimbursable school meals program which meet the following nutrition standards as per the Healthy, Hunger-Free Kids Act of 2010.	x			All a la carte items sold in the lunchroom are smart snack compliant.	Ongoing
Standards for All Foods and Beverages Provided (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.) - C					
1. Provide parents with a list of foods that meet the school's snack standards, and suggestions for non-food related items for celebrations/birthday treats, rewards, and fundraising activities.	x			Party treat list provided to all homeroom parents and orders placed through school kitchen	Ongoing
2. Snacks in the classroom	x			Classroom snacks ordered through school nutrition for elementary students. Middle school students can choose from an approved snack list.	Ongoing