

Section 3: Comparison to Model School Wellness Policies

The [Alliance for a Healthier Generation Model Policy](#) is to be used as a best practice guide.

Compare local wellness policy language with the model policy and identify areas where the language is comparable to the model policy and potential areas that can be strengthened.

Area Identified	Areas with Similar Language	Potential Areas to Strengthen Language
Water	<p>To promote hydration, free, safe, unflavored drinking water will be available to all students throughout the school day. The District will make drinking water available where school meals are served during mealtimes.</p> <p>Students will be allowed to bring and carry (approved) water bottles filled with only water with them throughout the day.</p>	Add to policy
<p>Qualifications of Food Service Staff</p> <p>Add: and Professional Development</p>	<ul style="list-style-type: none"> assure/maintain records that demonstrate that all food service staff and school lunch volunteers have had adequate pre-service training in food service operations; and provide continuing education opportunities according to their level of responsibility. 	<p>All school nutrition program directors, managers and staff will meet or exceed hiring and annual continuing education/training requirements in the USDA professional standards for child nutrition professionals.</p>
<p>Food Served/ Sold Outside of Meals (ex. a la carte sales)</p>	<p>The St. Francis School Lunch Program will only provide a la carte/snack items sold outside of the reimbursable school meals program which meet the following nutrition standards as per the Healthy, Hunger-Free Kids Act of 2010:</p>	<p>The foods and beverages sold and served outside of the school meal programs (e.g., “competitive” foods and beverages) will meet the USDA Smart Snacks in School nutrition standards, at a minimum.</p>
<p>Beverages: Allowed</p>	<p>Elementary 8 ounces, middle school 12 ounces. There is no limit for plain water.</p> <p>Beverages must be caffeine-free with the exception of trace amounts of naturally occurring caffeine substances</p>	Add to policy

<p>Food Served as Rewards or in Celebrations</p>	<p>For school based celebrations, staff/parents will be encouraged to provide snacks/drinks based on the above mentioned nutrition and portion size standards</p>	<p>All foods <u>offered</u> on the school campus will meet or exceed the USDA Smart Snacks in School nutrition standards. The School Nutrition Director will provide to homeroom parents a list of foods and beverages that meet Smart Snacks nutrition standards.</p>
<p>Classroom Snacks</p>	<p>St. Francis School recognizes the importance of snacks as a way for students to maintain energy and focus academically during the school day. To this end, snacks will be provided in bulk by food services through the classroom teacher.</p>	<p>St. Francis School recognizes the importance of snacks as a way for students to maintain energy and focus academically during the school day. To this end, snacks will be <i>purchased in bulk</i> by food services through the classroom teacher. <i>All snacks will meet or exceed the USDA Smart Snacks requirements</i></p>
<p>Fundraising</p>	<ul style="list-style-type: none"> ▪ <i>Schools are encouraged to use only non-food fundraisers, and encourage those promoting physical activity (such as walk-a-thons, Jump Rope for Heart, fun runs, etc.).</i> ▪ <i>Fundraising during <u>and outside</u> school hours will sell only non-food items or foods and beverages that meet or exceed the Smart Snacks nutrition standards.</i> 	<p>Add to policy</p>