Winter Salad Menu December - January - February

<u>Monday</u> Buffalo Chicken Salad

Romaine Lettuce
Buffalo Chicken Bites, Cheddar Cheese Cubes
Diced Celery, Grape Tomatoes
Cheddar Chex Mix

<u>Tuesday</u>

Chicken Caesar Salad

Romaine Salad, Grilled Chicken Strips,
Grape Tomatoes, Sliced Cucumber,
Topped with Grated Parmesan Cheese and Croutons
Dinner Roll
Caesar Dressing Available

<u>Wednesday</u> BBQ Chicken Salad

Romaine Salad Chicken Tenders, Shredded Cheddar Cheese, Grilled Corn, French Fried Onion Tostitos Scoops BBQ Ranch Dressing

<u>Thursday</u> Taco Salad

Shredded Lettuce, Seasoned Taco Meat, Shredded Cheddar Cheese, Grape Tomatoes, Tortilla Chips Salsa Cup

<u>Friday</u>

Winter Apple Salad

Romaine Lettuce
Diced Turkey or Ham, Diced Apple
Diced Celery, Craisins,
Mozzarella Cheese Stick
Soft Pretzel

A serving of fruit, veggies and grain may be taken from the serving line with a salad



This institution is an equal opportunity provider