**DCHS MIDDLE SCHOOL WRESTLING**

**Season length:** 10/16 to 12/11

**Practice:** Dowling Catholic 4 - 6 PM and sometimes at Rec Plex

**Who can participate:** Open to all 7 - 8th graders and

all experience levels (girls and boys)

**How to register:**

[**DCHS Middle School Wrestling Registration**](https://forms.gle/gkxp1U35Uev6A6vn8)

**How to pay (Cost - $150):**

[Middle School Wrestling fee](https://bngn.blackbaud.school/?id=eujcoeagiea)

**Coaches**

Ty Knowler - Head Coach - knowlert@gmail.com

Logan Queck - Asst Coach - lc.queck@gmail.com

***There is a 100% chance that if you go out for wrestling you’ll get better at football and life.***