
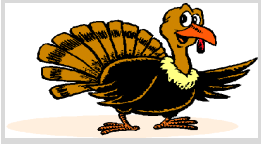


St. Francis of Assisi School Lunch Menu

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Sandwich</u> Turkey & Cheese		1 Auction Award Cheeseburger Corn Mandarin Oranges Chocolate Chip Cookie	2 Popcorn Chicken Cucumber Slices Cinnamon Hummus Cantaloupe Scooby Snacks	3 PBIS AWARD French Bread Pizza Shredded Romaine Apple Baked Lays	4 Spaghetti & Meatsauce w/ Breadstick Assorted Fresh Veggies Mixed Fruit	<u>Riddle:</u> <i>How do you fix a cracked pumpkin?</i>
<u>Sandwich</u> Ham & Cheese	7 Pizza Crunchers w/ Marinara Sauce Steamed Mixed Veggies Sliced Peaches	8 PBIS AWARD French Toast Bites Strawberry Yogurt Baby Carrots Apple Brookie	9 <i>new entree to vote on**</i> Baked Potato Bar (GF) Diced Ham & Cheddar Cheese Mozzarella String Cheese Steamed Broccoli Honeydew Melon Cowboy Bread	10 Mac & Cheese w/ Dinner Roll Assorted Fresh Veggies Mixed Fruit	11 NO SCHOOL	<i>Baked Potato Bar on November 9th! Build your own loaded potato from topping choices of diced ham, cheddar cheese sauce, broccoli, butter and sour cream. YUM! YUM!</i>
<u>Sandwich</u> Turkey & Cheese	14 Corn Dogs Baked Beans Cole Slaw Blueberries	15 PBIS AWARD Chicken Patty Carrots/Red Peppers Strawberry Cup/Apple Brownie/Cookie	16 Mozzarella Cheesesticks w/ Marinara Sauce Steamed Peas Pear	17 Auction Award Walking Taco (GF) Shredded Romaine Mandarin Oranges Rice Krispie Treat	18 Turkey, Ham and Cheese Hoagie Assorted Fresh Veggies Mixed Fruit	Water is not included with a meal. An 8oz bottle of water is \$.50 and the 16.9 oz bottle of water for Middle School is \$.75
<u>Sandwich</u> Ham & Cheese NO SALADS THIS WEEK	21 Turkey & Gravy (GF) over Mashed Potatoes with Dinner Roll Steamed Green Beans Applesauce Cup	22 PBIS AWARD Cheese Pizza Baby Carrots Sliced Pears Brookie	23 NO SCHOOL	24 Happy Thanksgiving! 	25 NO SCHOOL	Lunch \$2.95 Extra Entree \$1.85 A La Carte \$1.00 Milk \$0.50 Elem water \$0.50 MS water \$0.75
<u>Sandwich</u> Turkey & Cheese	28 All American Burger Pickles French Fries Diced Apricots	29 Chicken Noodle Soup Cheese Cubes Celery Sticks Mixed Berries French Toast Snackbread	30 PBIS AWARD Bosco Sticks w/ Marinara Sauce Baby Carrots Grapes Red Velvet Cookie	<i>Healthy food is all about color and the color orange is one of the best to look for! Your body converts the beta carotene found in orange vegetables into Vitamin A which aids in eye and skin health.</i>	<i>Did you know? In Australia they call cantaloupe rockmelon and in South Africa they call it sweet melon.</i>	<u>Answer:</u> <i>With a pumpkin patch!</i>

Menu subject to change without notice

This institution is an equal opportunity provider