

## St. Francis of Assisi School Nutrition Program



Welcome to the 2022-2023 school year! Here's what's going on in the School Nutrition Program this year:

### LUNCH TIMES:

11:05am-11:30am Grades 3 - 5  
11:35am-12:00pm Grades Preschool & Kindergarten  
12:05pm -12:30pm Grades 1 & 2  
12:55pm-12:55pm Grades 6-8

Our lunch prices for the 2022-2023 school year:

### **Student lunch \$2.95**

*If a student takes an 8oz bottle of water with lunch there is a \$0.50 charge*

#### Additional items:

Milk \$0.50

8oz water \$0.50

A la carte (grades 5-8) \$1.00

Extra Entree (grades 3-8) \$1.85

16.9oz water (grades 6-8) \$0.75

### EATING LUNCH WITH YOUR CHILD:

We are always happy to see a family member come eat with a student on a special occasion. Visitors typically either purchase our hot lunch or salad. Students love to see adults enjoying our school lunch and it encourages them to eat their meal and try new foods. Our school wellness policy states that prepared foods purchased from outside providers (ie: restaurants, fast food, bakeries) are not to be brought into the school for visitors or St. Francis students. If you will be joining us for lunch, please contact the **School Office NO LATER THAN 8:45 a.m.** so we can include you in the lunch count.

### SCHOOL LUNCH PAYMENTS:

Lunch payments will be billed as an incidental expense charge through FACTS. Accounts will be billed at the end of the month and should be paid within 10 days of billing. FACTS offers the option of auto pay. Auto pay is a convenience feature where families have incidental expense payments automatically processed on the invoice due date.

### TOTALK12:

Our school partners with TotalK12 for family lunch accounts/meal charges. All transactions on your account can be viewed through the TotalK12 parent portal which can be accessed through the **LUNCH ACCOUNT PARENT PORTAL** link on the left side of the school nutrition home page. We encourage you to check your account balance. If you need assistance with a family ID or password, contact Cheryl at [criedl@saintfrancisschool.org](mailto:criedl@saintfrancisschool.org).

**FREE AND REDUCED LUNCH:** The Parent Letter, Application and Instructions for Free and Reduced Meals are posted on the School Nutrition page of the website. Families are encouraged to submit applications even though meals are free. Return completed forms to the school office.

**MENUS:** School lunch menus are posted on the St. Francis school website. Our menu meets USDA school lunch guidelines. We are a full-service preparation kitchen with a staff trained to prepare many of our food items from scratch. The lunch menu will be available on-line monthly. Students in grades K-5 have the option of a hot entrée or sandwich. Middle School students have the option of a hot entrée, sandwich or salad.

**SPECIAL DIETS/FOOD ALLERGIES:** If your child has any food restrictions or food allergies, we need to know. Our school menu is peanut free but the cafeteria is not a peanut free environment. For severe, life-threatening food allergies we provide a designated "Safe Table" in the school cafeteria for students. All parents of students with allergies please fill out a Safe Table Form, which is part of the Food Allergy Action Plan. We also provide gluten free sandwiches and gluten free salads for students with a Diet Modification Form, signed by a doctor, on file. All forms are located on the School Nutrition page of the school website.

**MILK:** We offer a choice of 1%, skim or chocolate skim milk for lunch. Students with cold lunch wishing to purchase milk may do so by charging their lunch account.

**Middle School A LA CARTE ITEMS/:** These items are available to Middle School students and have been chosen to meet nutritional guidelines consistent with our School Wellness Policy and the SMART SNACK guidelines. All food items are \$1.00. Students will not be allowed to purchase a la carte items if lunch accounts have outstanding balances in FACTS.

**5<sup>th</sup> grade A LA CARTE ITEMS:** There are a limited number of a la carte items available for 5<sup>th</sup> grade students to purchase. These items are generally yogurt, string cheese, chex-mix, cereal bars, scooby snacks and goldfish. All items are \$1.00. Students will not be allowed to purchase a la carte items if lunch accounts have outstanding balances in FACTS.

**DAILY SANDWICH OPTION:** We provide the option of a sandwich in place of the main item on the lunch menu (the main item is the item in **bold** print each day). If your child prefers to have a sandwich for lunch he/she will be able to request it in the morning with the classroom lunch count. The sandwich will be listed on the menu and will be rotated weekly.

**FIELD TRIP LUNCHES:** Sack lunches are available for school field trips. Information on sack lunches is emailed to families prior to a field trip. A sack lunch can be ordered by replying to the email.

**VOLUNTEERS:** Volunteer opportunities are available in the lunchroom from 11:00am - 12:00pm and on our serving line from 11:00am - 1:15pm. If interested, please fill out the volunteer form on the school website.

Contact Cheryl Riedl at [criedl@saintfrancisschool.org](mailto:criedl@saintfrancisschool.org) or 457-7167 Ext. 315 if you have any questions about our school lunch program. We look forward to serving your family.