

School Wellness Policy Goals

School Name: St. Francis Of Assisi

District Wellness Contact/E-mail: Jon Aldrich/ jaldrich@saintfrancisschool.org

Goals	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges and/or barriers of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Nutrition Education and Promotion Goals					
1. Nutritional information provided on monthly menu	x			Nutritional highlight on monthly menu	on going
2. Promote new menu items	x			Try new items monthly. Students vote on item. Add to menu rotation if approval above 65%	on-going
3. Monthly newsletter sent to families	x			Monthly email sent with a standard nutrition newsletter	on-going
5. Focus on waste reduction	X x X			Steps taken: Middle school students come back for leftover food after all students have been served Composting program implemented 9/16 Menu a more popular veggie or fruit daily	on-going
Physical Education and Physical Activity Goals					
1. Fitness time	x			Once a week for 20 minutes (grades K-5). PE teacher models and practices with students the skills and techniques to promote lifelong wellness through physical activity.	
2. Faster than the Pastor	x			K-8 program to promote walking or running during lunch time recess. Parent volunteers monitored distances, students earned tokens per mile and success tracked on PE bulletin board	
3.					
4.					
Nutrition Guidelines for All Foods Available to Students					
1. PBS award food items need to be smart snack compliant	x			food items removed from PBS cart	

2. Party treats	x			Party treat list provided to all homeroom parents for party treats	
3. Guidelines for food in classrooms	x			Guidelines are set and have been communicated to all teachers for food in the classroom. Administration and the school nurse reviews this yearly.	All grade levels K-5 have snacks distributed through food service.
4. Classroom/grade reward days	X			Guidelines are in place for homeroom parties that occur three times throughout the year. A list of acceptable food items has been created for homeroom parents.	Homeroom parents purchase food for classroom parties through food service