

# School Wellness Policy Goals

School Name: St. Francis Of Assisi

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Goals	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges and/or barriers of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
<b>Nutrition Education and Promotion Goals</b>					
1. Nutritional information provided on monthly menu	x			Nutritional highlight on monthly menu	on going
2. Promote new menu items	x			Try new items monthly. Students vote on item. Add to menu rotation if approval above 65%	on-going
3. Monthly newsletter sent to families	x			Monthly email sent with menu and pick a better snack newsletter	on-going
4. Focus on program promotion		x		Utilize school facebook page to communicate with parents implemented 9/17 Set up and utilize snapchat account to communicate with students implemented 9/17	Continue to look for opportunities to use social media to promote the school lunch program
5. Focus on waste reduction	x	x		Steps taken: Middle school students come back for leftover food after all students have been served  Share table implemented 9/16  Cafeteria Coaches implemented 12/16  Composting program implemented 9/16	Continue to look for opportunities to eliminate waste through the share table.  Evaluate ways to improve the effectiveness of composting and increase participation.  Consultant to come out and share how to expand the composting program and give the education piece to the teachers.
<b>Physical Education and Physical Activity Goals</b>					
1. Fitness time	x			Once a week for 20 minutes (grades K-5). PE teacher models and practices with students the skills and techniques to promote lifelong wellness through physical activity.	
2. Faster than the Pastor	x			K-8 program to promote walking or running during lunch time recess. Parent volunteers monitored distances,	

				students earned tokens per mile and success tracked on PE bulletin board	
3.					
4.					
<b>Nutrition Guidelines for All Foods Available to Students</b>					
1. PBS award food items need to be smart snack compliant	x			food items removed from PBS cart	
2. Party treats		x		Party treat list provided to all homeroom parents for party treats	Share information with teachers. School Nutrition Director will contact homeroom parents who haven't ordered party treats the week before.
3. Guidelines for food in classrooms		x		Guidelines being set and communicated to all teachers for food in classroom	A "short list" of approved snacks students can bring to school or that parents supply the class (k and 1).
4. Classroom/grade reward days			x	This will begin 2018-19 school year. One reward day per trimester involving food/drink. Teachers will need prior approval from administration.	