

Spring Salad Menu  **March, April, May**

Monday

Chipotle Chicken Salad

Romaine & Spinach Mix
Chipotle Chicken Strips, Shredded Cheddar Cheese
Red Pepper Slices and Sweet Corn
Black Beans on the side
Mini Corn Tortilla Chips

Tuesday

Chicken Caesar Salad

Mixed Greens with Grilled Chicken Strips,
Grape Tomatoes and Diced Cucumber,
Topped with Grated Parmesan Cheese and Homemade Croutons
Dinner Roll
Caesar Dressing Available

Wednesday

Chef Salad

Romaine & Spinach Mix
Grape Tomatoes, Baby Carrots
Sliced Hard Boiled Egg, Shredded Cheddar Cheese
Diced Ham or Turkey
Soft Baked Pretzel

Thursday

Taco Salad

Shredded Lettuce
Beef Taco Meat, Shredded Cheddar Cheese
Grape Tomatoes and a Salsa Cup
Tortilla Chips

Friday

Berry Chicken Salad

Romaine & Spinach Mix
Grilled Chicken Strips (Cottage Cheese during Lent)
Sliced Strawberries, Diced Cucumber, Sliced Red Onion
Shredded Mozzarella Cheese
Raspberry Vinaigrette Dressing
Blueberry Snack Bread

*A serving of fruit and additional veggies may be taken
from the serving line with a salad*

This institution is an equal opportunity provider

