

St. Francis of Assisi School Nutrition Program



Welcome to the 2019-2020 school year! Here's what's going on in the School Nutrition Program this year...

LUNCH TIMES:

3rd -5th grade: 11:05-11:30

K-2nd grade: 11:35-12:00

6th -8th grade: 12:08-12:30

Our lunch prices for the 2019-2020 school year:

\$2.95 for student lunch (includes milk)

If a student takes an 8oz bottle of water with lunch there is an additional \$0.50 charge

Visitor Lunch \$3.90

Additional items:

Milk \$0.50

8oz water \$0.50

A la carte (grades 5-8) \$0.75

Extra Entree (grades 3-8) \$1.55

16.9oz water (grades 6-8) \$0.75

EATING LUNCH WITH YOUR CHILD:

We are always happy to see someone special come eat with a student. Visitors typically either purchase our hot lunch or salad, or bring a sack lunch from home. Students love to see adults enjoying our school lunch and it encourages them to eat their meal and try new foods. Our school wellness policy states that prepared foods purchased from outside providers (ie: restaurants, fast food, bakeries) are not to be brought into the school for visitors or St. Francis students. It is your presence, more than anything, that makes your visit to the lunchroom a special occasion for your child.

If you will be eating a school lunch, please contact the **School Office NO LATER THAN 9:00 a.m.** so we can include you in the lunch count.

SCHOOL LUNCH PAYMENTS:

Lunch payments will be billed as an incidental expense charge through FACTS. Accounts will be billed monthly and should be paid within 10 days of billing. FACTS offers the option of auto pay. Auto pay is a feature where families can have incidental expense payments automatically processed on the invoice due date.

TOTALK12:

Our school partners with TotalK12 for family lunch accounts/meal charges. All transactions on your account can be viewed through the TotalK12 parent portal which can be accessed through the tab on the school nutrition home page. We encourage you to check your account balance. If you need assistance with a family ID or password, contact Cheryl at criedl@saintfrancisschool.org.

FREE AND REDUCED LUNCH: The Parent Letter, Application and Instructions for Free and Reduced Meals are posted on the School Nutrition page of the website. Applications should be submitted as soon as possible to the school nutrition office.

MENUS: School lunch menus are posted on the St. Francis school website. Our menu meets USDA school lunch guidelines. We are a full-service preparation kitchen with a staff trained to prepare many of our food items from scratch. The lunch menu will be available on-line monthly. Students in grades K-5 have the option of a hot entrée or deli sandwich. Middle School students (and visitors) have the option of a hot entrée, deli sandwich or salad.

GRADES 3-8 LUNCH PIN #'S: Grades 3-8 use a pin number to make charges to their lunch account. Pin numbers are the same each year. New students will be issued a pin number at the beginning of the school year. If someone forgets their pin number they should contact the school nutrition office.

SPECIAL DIETS/FOOD ALLERGIES: If your child has any food restrictions or food allergies, we need to know. For severe, life-threatening food allergies, please fill out a "Safe Table Authorization" form, which is part of the Food Allergy Action Plan available from the school office. Our school menu is peanut free but the cafeteria is not a peanut free environment. We provide a designated SAFE TABLE in the school cafeteria for students with peanut allergies. **Students in grades K-2 are REQUIRED to sit at a "Safe Table" during lunch.** Students required to sit at the safe table may coordinate with their teacher to bring another student eating a hot lunch to join them if space is available. Please call us if you have any questions about our menu or meal planning for students with allergies.

MILK: We offer a choice of 1%, skim or chocolate skim milk for lunch. Students with cold lunch wishing to purchase a milk may do so by charging their lunch account.

Middle School A LA CARTE ITEMS/: These items are available to Middle School students and have been chosen to meet nutritional guidelines consistent with our School Wellness Policy and the SMART SNACK guidelines. All food items are \$0.75. Students will not be allowed to purchase a la carte items if lunch accounts have outstanding balances in FACTS.

Middle School Extra Entrée's: Middle School Students can return to the lunch line after all students have been served. They can purchase an extra entrée (either their first or second extra) or a side (a la carte charge) when available. Deli Sandwiches are also available on the a la carte table for purchase.

5th grade A LA CARTE ITEMS: There are a limited number of a la carte items available for 5th grade students to purchase. These items are generally yogurt, string cheese, chex-mix, cereal bars, scooby snacks and goldfish. All items are \$0.75. Students will not be allowed to purchase a la carte items if lunch accounts have outstanding balances in FACTS.

DAILY SANDWICH OPTION: We provide the option of a deli sandwich in place of the main item on the lunch menu (the main item is the item in **bold** print each day). If your child prefers to have a deli sandwich for lunch he/she will be able to request it in the morning with the classroom lunch count. The deli sandwich will be listed on the menu and will be rotated weekly.

BIRTHDAYS: Non-food items for birthdays or other activities. A student wishing to bring something for his/her classmates to celebrate a birthday should bring non-food items. A family may also choose to participate in the Birthday Book Club. This involves donating a book to the classroom library or to the Media Center in the name of the student having the birthday.

FIELD TRIP LUNCHESES: Sack lunches are available for school field trips. Information on sack lunches is emailed to families prior to a field trip. A sack lunch can be ordered by replying to the email.

VOLUNTEERS: We would love to have you help us out in the lunchroom or on the serving line. Help in the cafeteria is needed daily from 11:00am to 12:05pm and on the serving line from 11:00am to 12:20pm. Please fill out the school volunteer form if interested.

Contact Cheryl Riedl at riedl@saintfrancisschool.org or 457-7167 Ext. 315 if you have any questions about our school lunch program. We look forward to serving your family.