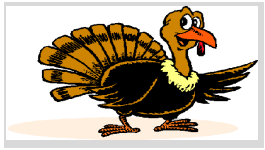
St. Francis of Assisi School Lunch Menu
November 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sandwich Turkey & Cheddar Cheese		Oct 31 **Homemade Chili w/ Fritos** Baby Carrots & Dip 100% Apple Juice Pumpkin Chocolate Chip Bread	1 **Cheese Filled Breadsticks w/ marinara sauce** Broccoli Parmesan Diced Peaches & Apricots	2 **BBQ Rib Sandwich** Steamed Peas Cinnamon Hummus Mixed Fruit Scooby Snacks	3 **Spaghetti & Meatsauce w/ Garlic Toast** Assorted Veggies Tangerine	Choice of skim, 1%, or chocolate skim milk is included w/ price of school lunch
Fran-able K-5 Ham, cheddar cheese cubes, roll, goldfish Sandwich 6-8 Ham & Cheddar Cheese	6 **Hamburger** Sliced Cucumbers Strawberry Cup Baked Lays	7 **Mini Corn Dogs** Twister Fries Honey Crisp Apple	8 PBIS AWARD **Mac & Cheese** Carrots & Dip 100% Fruit Juice Slushie or Watermelon Chocolate Chip Cookie	9 **Walking Chicken Nachos**** Assorted Fresh Veggies Cantaloupe ** new entree to vote on *Taco seasoned shredded chicken served with tostitos, sour cream, cheese and salsa*	10 **NO SCHOOL**	*Question?* *What do you say to an angry sweet potato?*
Fran-able K-5 Yogurt, string cheese, dinner roll, goldfish Sandwich 6-8 Turkey & Cheddar Cheese	13 **Chicken Drumstick w/ Dinner Roll** Sweet Potato Wedges Grapes	14 **BBQ Beef Sandwich** Baked Beans Red Pepper Slices Sliced Peaches	15 **Pancake wrapped sausage on a stick** 100% Juice Fruitable Honeydew Melon	16 PBIS AWARD **Walking Taco** Shredded Romaine 100% Fruit Juice Slushie Sugar Cookie	17 **Pork Tenderloin** Assorted Fresh Veggies Fresh Pear	**Elem/MS $2.85** **Visitor $3.80** **Xtra Entrée $1.55** **A La Carte $0.75** **Milk $0.50** **Elem water $0.50** **MS water $0.75**
Sandwich Ham & Cheddar Cheese **NO SALADS THIS WEEK**	20 **Turkey & Gravy over mashed potatoes** Steamed Green Beans Apple Sauce	21 **Cheese Pizza** Celery Sticks Craisins Goldfish Crackers	22 **NO SCHOOL** *Answer:* *Anything, just butter him up!*	23 **Happy Thanksgiving!** 	24 **NO SCHOOL**	Water is not included in the meal cost. An 8oz bottle of water for grades 1-5 is $.50 and the 16.9 oz bottle of water for Middle School is $.75
Sandwich Turkey & Cheddar Cheese	27 **Beef & Cheese Nachos** Steamed Corn Strawberries	28 AUCTION AWARD **French Toast Sticks** **String Cheese** Carrots & Dip Apple Chocolate Chip Cookie	29 **Pepperoni Pizza** Romaine Salad Mandarin Oranges	30 **Burrito Bowl w/Cilantro Lime Rice** Black Beans Diced Pears	Sweet Potato Great for your eyes, bones and immune system. When eaten with the skin on, a medium sweet potato has over 4x the recommended daily intake of Vitamin A.	Vitamin A is a fat soluble vitamin so be sure to eat your sweet potato with a bit of fat, like a pat of butter, for maximum vitamin absorption.

Menu subject to change without notice

This institution is an equal opportunity provider