**Dowling Catholic 2nd - 5th Track Clinic**

**For both boys and girls**

**Grades 2nd - 5th**

This spring Dowling Catholic Girls and Boys Track programs are hosting a Track Clinic

Open to all skill levels and ability. This clinic will focus on proper running form and technique. There will be a variety or drills, exercises, and fun running workouts to develop skills and get athletes excited about track

**Dates**:  May 30th - June 2nd

**Shooting School Times:**  5:00 - 6:15 PM

**Location:**  Dowling Catholic Track

**Details:**

\* Instruction from Dowling Catholic Track Coach Jessica Campbell

Open for both girls and boys - 2nd & 5th Grade

Cost:  $80.00

Questions?  Please contact Jessica Campbell

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